

Sweet Snippets

April 2025



Sylvan Lake Lodge, 4620 47 Ave, 403-887-2555

Say Hello....

Hello Residents, Families and Friends!

As we step into April, we're reminded of the beauty and renewal that comes with the spring season. It's a time for fresh beginnings, new opportunities, and making lasting memories. Let's embrace this month with open hearts and minds, as we continue to enjoy each other's company and all the wonderful activities ahead. Wishing you all a month filled with joy, laughter, and growth.

Springtime Scramble Game

1. BRNSOI

2. WFRSLOE

3. INAR

4. ESSHINUN

5. RISPNG

6. EGNRE

7. BALSELBA

8. MYA

9. RDENGA

10. BRNOAIW

9 - Garden, 10 - Rainbow

1 - Robins, 2 - Flowers, 3 - Rain, 4 - Sunshine, 5 - Spring, 6 - Green, 7 - Baseball, 8 - May,

April Trivia

It is thought that the name April comes from the Latin word "to open" and describes the trees opening at springtime.

Zodiac signs: **Aries & Taurus**

Birthstone: **Diamond**

Flower: **Daisy & Sweet Pea**

Quote of the Day

*Laughter is timeless,
imagination has no
age, and dreams are
forever.*

– Walt Disney

What We've Been Up to Lately

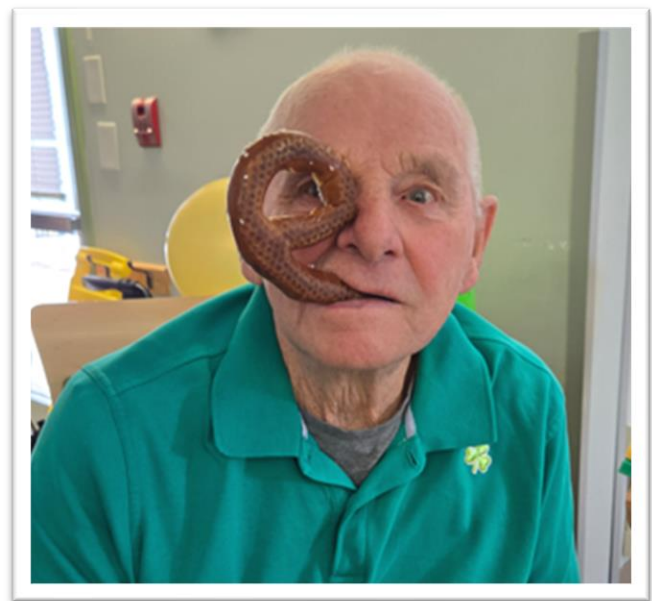
Armchair Travel to Dublin Ireland

Armchair Travel Update: Ireland & Next Stop... Sweden!

This month, we kicked off our armchair travel adventures with a fun-filled tour of Ireland! From learning fascinating facts about the Emerald Isle to indulging in some classic plane snacks, our journey was packed with exciting moments. We even got our feet moving with a few fancy Riverdance steps! 🧑🏻‍🎤 ✨

But the adventure doesn't stop there! Our passports are ready, and we're gearing up for an exciting trip to Sweden this April. We can't wait to explore the beautiful landscapes, rich history, and vibrant culture of this incredible country.

Stay tuned for more updates as we continue our armchair travels across the globe!



Musical Entertainment: Roli Mack

What a wonderful afternoon we had with Roli Mack, who serenaded us with a fantastic mix of tunes, including some classic golden oldies. Roli played his unique instrument, "The Stick", which creates such a cool and captivating sound. We couldn't help but bob our heads and sing along to the music. It was truly a great afternoon filled with joy and music!



April Birthdays

In April, we celebrate birthdays with:

- **Helen Leason- April 5**
- **Hilde Pedersen- April 10**

Please join us in the dining room on April 30th to celebrate with cake and live music!



April Trivia

- The Hubble Space Telescope was launched on April 24, 1990, revolutionizing our understanding of the universe.
- The first modern Olympics opened in Athens on April 6, 1896, reviving the ancient tradition of international competition.
- On April 12, 1961, Yuri Gagarin became the first human to travel into space, marking a milestone in exploration.
- The famous novel "The Great Gatsby" by F. Scott Fitzgerald was published on April 10, 1925.

Aries (Mar 21 – Apr 20)

Aries are passionate, motivated and confident leaders. They are bundles of energy & enthusiasm.

Taurus (Apr 21 – May 20)

Taurus are practical and well-grounded. They surround themselves with love & beauty.

WOW!

April 15, 1770: The Pencil Eraser

On this day, Joseph Priestley discovered that rubber could erase pencil marks. This simple invention changed the way people write and correct their work. Before erasers, people used bread crumbs to remove mistakes! Today, the pencil eraser remains a small but mighty tool in classrooms, offices, and art studios worldwide.

Poem to Share

The Garden

By Ralph Waldo Emerson

The garden is the place I go,
To let my heart and spirit grow.
Amidst the flowers, soft and bright,
I find my peace, my soul's delight.

The buzzing bees, the singing birds,
Speak nature's love without mere words.
Each leaf and petal, green and fair,
Whispers joy beyond compare.

The garden's beauty, calm and deep,
Lulls my worries fast asleep.
For in this haven, pure and free,
The world and I find harmony.

Spring's Touch

Soft winds blow, the flowers rise,
Underneath the clear blue skies.
New life stirs with gentle cheer,
Spring is here, the world is clear.
Hope that brings a bit of spring magic to your day!



Noticeboard



NEW RESIDENTS

A very warm welcome to:

- Ernest Barker

We hope that you enjoy your time here!

GARDENING CLUB

It takes a village to make our community's gardens thrive, and we're excited to welcome new members to our Gardening Club!

The Gardening Club will assist with garden planning, as well as tasks like gardening, potting, and harvesting. Whether you're a seasoned gardener or a beginner, all are welcome to join. Green thumbs aren't required—just a passion for helping our community bloom and grow.

Residents and family members are encouraged to be a part of this vibrant group.

Join us for our next meeting on **April 1st**, where we'll be starting some indoor seeds and getting our hands a little dirty in the process!

We can't wait to see you there!

CONTINUOUS IMPROVEMENT

We Value Your Feedback!

Residents, families, and friends are reminded that there are several ways to share your views, suggestions, and concerns with us.

Feedback forms are available on the **CHIT CHAT CORNER** bulletin board, and we encourage everyone to contribute so that we can continue to provide the best possible service to our community. Your input is always welcome, and we are happy to receive feedback at any time.

For those who prefer to remain anonymous, there is also a locked comment box outside of Valerie's office, which is checked regularly.

Your voice matters, and we appreciate your help in making our community the best it can be!

IN MEMORIAM

In loving memory of Hilda Good. Though she is no longer with us, her spirit and the warmth she brought to our lives and community will never be forgotten.

Noticeboard



LIBRARY BOOK DELIVERY SERVICE

Did you know that the Sylvan Lake Library offers a convenient book delivery and pick-up service twice a month? They'll bring books right to your room! If you'd like to take advantage of this service, please speak with Alyssa to arrange your order.

HAIRDRESSER

We're excited to share that a professional hairdresser visits our site every **Tuesday**! If you'd like to book an appointment, simply write your name on a time slot on the sign-up sheet located on the door of the salon. It's the perfect opportunity to freshen up your look!

A HEARTFELT THANK YOU

We would like to extend our sincerest thanks to the relatives and volunteers who support us day in and day out. Your dedication and hard work truly make a difference, and we are so incredibly grateful for the time, energy, and care you give. You are a vital part of our community, and we deeply appreciate everything you do.

MEALS ON WHEELS

Wondering what all the buzz is about with Meals on Wheels? Connect with Alyssa or Candis to get yourself or a loved one on the list! For just \$10 per day, Monday through Friday, our dedicated volunteers deliver a delicious, hot, and nutritious meal right to your door during lunchtime. This larger meal includes a hearty main dish, a comforting soup, and a sweet dessert. It's an unbeatable deal, and a wonderful way to make sure you or someone you care about gets the nutrition they need!

DONATIONS

Support Our Recreation Program!

We're looking for donations to help our recreation program thrive! If you're able to donate bedding plants, new or gently used items for our upcoming silent auctions, or even financial contributions, it would be greatly appreciated. Your generous support helps us provide fun and engaging activities for everyone throughout the year.

Laughing Matters



A man visited his doctor, and the doctor checked him over before commenting, "It looks like you get a fair bit of exercise."

The man replied, "Oh yeah, in fact, just the other day I walked 5 miles over rugged terrain as I climbed over rocks and trees. I also waded along the edges of a lake, pushing my way through tall thistles, and even slid down sandy slopes while getting sand in my eyes."

The doctor was quite impressed. "Well, you are certainly a dedicated outdoor enthusiast."

The man replied, "Not really, doctor. I'm just a really bad golfer."

Survival of the fittest

Two lawyers walking through the woods spotted a vicious-looking bear.

The first lawyer immediately opened his briefcase, pulled out a pair of sneakers and started putting them on.

The second lawyer looked at him and said, "You're crazy! You'll never be able to outrun that bear!"

"I don't have to," the first lawyer replied. "I only have to outrun you."



**Sylvan Lake
Lodge**

EASTER TEA PARTY

21 APRIL 2025 | EASTER MONDAY, FREE ENTRY
STARTS AT 2:00PM

**JOIN US FOR TEA & GOODIES, EASTER
WORD GAMES & A VERY SPECIAL
EASTER BUNNY VISIT!**

**ALL FRIENDS & FAMILY
WELCOME TO ATTEND**

Resident Spotlight

Karen Maggrah

Karen Maggrah's life began with a remarkable story. Her mother, a teacher in a rural school, found herself in an extraordinary situation when she went into labor while teaching. In the midst of this, Karen's mother gave birth on the side of the road near Porcupine Plain, Saskatchewan, and her birth certificate proudly notes the range road and legal land description as her birthplace. This one-of-a-kind beginning set the tone for the adventurous and fulfilling life that Karen would lead.

Karen spent most of her childhood in Caragana, Saskatchewan, before moving to White Fox in Grade 7. After graduation, she started her career as a hairdresser, but her journey took another turn when she became the manager of a party rental supply store for three years. However, it was her passion for working with children that truly defined Karen's career. She found her calling teaching children with learning disabilities and helping young students from Vietnam adjust to their new lives in Canada. She dedicated many years to this rewarding work and took great pride in making a difference.

Karen's thirst for knowledge led her back to school at the Open Learning Institute, where she studied accounting and spent a few years in the field. But her love for teaching and working with others remained her true passion.

Family has always been the foundation of Karen's life. She married her high school sweetheart, and together, they raised two children—a son and a daughter. Karen's family relocated to Prince George, where she continued her education in psychology through Simon Fraser University's online program, a pursuit she followed until her retirement.

Karen is incredibly close to her children—her son still lives in Prince George, while her daughter resides in Sylvan Lake. To be closer to her daughter, Karen moved to Sylvan Lake 17 years ago. The peaceful lake and quiet walking trails have become a special place of joy for her.

Fun Facts:

Karen was a slow-pitch enthusiast, playing for many years and enjoying the camaraderie of the sport.

Baseball is her all-time favorite sport, and she's a proud Dodgers fan!

She has fond memories of her pet dairy cow, Bluebell, who provided fresh milk for the family for many years.

From her unique birth to her various career paths and her deep connection to her family, Karen Maggrah has lived a life filled with love, dedication, and adventure. Today, she continues to enjoy the simple pleasures of life with her children, grandchildren, and the serene beauty of Sylvan Lake.



Staff Spotlight

Candis DeArmond

Housekeeping & Dietary Coordinator

We're thrilled to highlight Candis, a valued member of our team who has been with us for 20 years at the lodge. A long-time resident of British Columbia, Candis was born in Yorkton, Saskatchewan, and moved to Quesnel at the age of five. After spending her childhood in Quesnel, she later relocated to Sicamous, where she graduated high school in 1982.

A true entrepreneurial spirit, Candis has been involved in the food industry since she was 13 years old, owning and operating her own concession before joining our team. Her dedication to customer service and passion for food make her an essential part of our family here at the lodge.

Throughout her career, Candis has worked in many roles, but her love for the industry and the joy it brings to others has remained constant. She says one of her favorite aspects of working at the lodge is the friendly, supportive staff and residents who put a smile on her face.

Outside of work, Candis is a devoted mother of four children and two grandchildren. She is also an avid reader, enjoys exploring the beautiful mountains of BC, and loves spending time walking with her dog, Frankie.

Candis' resilience and warmth are a true testament to her character, and we're lucky to have her on our team!



What's happening in Sylvan Lake This Month?

- **Community Hub Meeting- Thursday, April 17, 2025**
10:00 am - 11:00 am @ Flipside Youth Center- 4725 43 Street

Do you have a passion for community development? Join Town Council and local agencies at the monthly Community Hub meetings! Discuss the five pillars of community: Food, transportation, safety, housing, and youth.

- **Earth Day- Tuesday, April 22, 2025**
5:00 pm - 7:00 pm

Celebrate Earth Day with the Town of Sylvan Lake!
More info coming soon.



Word Search

BOOK TITLES



A N S A Q P Q F C T K H F M
F M W Z H O P R J D M E P I
W E M M A L E A P Y G I Y E
P T R U M L R N L I C D G M
M A E L M Y S K O V I I M I
A M B Y A A U E L A N S A D
T O E S T N A N I N D G L D
O R C S I N S S T H E R I L
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N I G X D R A C U L A K F C
T S F A U S T C A R R I E H

Metamorphosis
Dracula
Disgrace
Ulysses
Pollyanna

Heidi
Ivanhoe
Rebecca
Cinderella
Persuasion

Middlemarch
Pygmalion
Steppenwolf
Frankenstein
Atonement

Emma
Lolita
Carrie
Matilda
Faust