





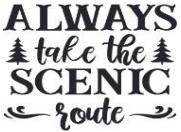







# SEPTEMBER 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<u>Birthdays</u> Annie Luoma -Sept 10 Sylvianne Aubin – Sept 12 Kathryn Sonnenberg Sept 14 Pearl Bell – Sept 15	<u>Birthdays</u> Charles Wakelen – Sept 18 Martha Lutz – Sept 24 Beverly Jones – Sept 26 Bonita Propp – Sept 26			<b>1</b> 10:15 Sit and Fit  11:30 <b>Picnic at the Danish Museum &amp; Ice Cream at Dairy</b>	<b>2</b> 
<b>3</b> 	<b>4 Labour Day</b>  6:30 Bingo	<b>5</b> 9:30 Music – Dining Room  10:15 Sit and Fit 1:00 <b>Stigma Grow Plant Tour</b>	<b>6</b> 10:30 Bible Study 1:30 Golf	<b>7</b> 1:30 No Sixes  6:30 Bingo	<b>8</b> 10:15 Sit and Fit  10:00 <b>Sundre Museum &amp; Picnic Lunch</b>	<b>9</b> 
<b>10</b> 	<b>11</b> 1:30 Chase the Ace  6:30 Bingo	<b>12</b> 9:30 Music – Dining Room  10:15 Sit and Fit 1:30 <b>Scenic Drive</b>	<b>13</b> 10:30 Bible Study 12:00 <b>BBQ Lunch</b> 1:00 <b>Shuttle Bus Shopping</b>	<b>14</b> 1:30 Library Cart 1:30 Cover Your Number Dice Game 6:30 Bingo	<b>15</b> 10:15 Sit and Fit  2:00 <b>Birthday Party Reflections Perform</b>	<b>16</b> 
<b>17</b> 	<b>18</b> 1:30 Chase the Ace  6:30 Bingo	<b>19</b> 9:30 Music – Dining Room 10:15 Sit and Fit 2:00 Wii Bowling	<b>20</b> 10:00 <b>Grand Pals Craft</b> 10:30 Bible Study 1:30 <b>Craft Dream Catchers</b>	<b>21 World Alzheimer's Day</b> 1:00 – <b>Resident Council Meeting</b>  6:30 Bingo	<b>22 National Ice Cream Cone Day</b>  2:30 <b>Ice Cream Cones</b>	<b>23 Autumn Begins</b> 
<b>24</b> 	<b>25</b> 1:30 Chase the Ace  6:30 Bingo	<b>26</b> 9:30 Music – Dining Room  10:15 Sit and Fit 11- 1 <b>Gentlemens Group at Bethany</b> 1:45 <b>Seniors Centre Tea</b>	<b>27 Pancake Breakfast</b>  10:30 Bible Study 1:00 <b>Legion Jam &amp; Shuttle Bus Shopping</b>	<b>28</b> 10:00 Garden Clean Up 1:30 Library Cart 1:30 <b>Guest Speaker – Clarie Butterfly</b>  6:30 Bingo	<b>29</b> 10:15 Sit and Fit  1:30 LCR Dice	<b>30 Orange Shirt Day</b> 